

*2015 Report*



ST. FRANCIS  
FOUNDATION  
OF SANTA BARBARA

*to the Community*

## Dear Friends,



It is a privilege to reflect on the impact of the St. Francis Foundation of Santa Barbara in our community. This year is a shining example of how our nearly 60-year legacy continues to be vital to the health of those most in need in our community today.

Through your compassionate generosity, this past year we have been able care for over 14,000 of our community's most vulnerable families, seniors, veterans and others through the Parish Nursing Outreach program, as well as through grants to 15 extraordinary organizations committed to health care and end-of-life care.

With the Parish Nursing Outreach Program, managed by Cottage Health, as the cornerstone of our funding priorities, we create a continuum and network so that those in need can thrive and contribute as valued, diverse members of their families and neighborhoods. And our expanded Nursing Scholarship programs are now more critical than ever to feed that continuum, by creating a unique opportunity for training and placement of local nurses. With your support, those who want to stay local - where they have grown up or raised their own families - can give back right here at home.

Our Parish Nurses are experts in the health care they provide, but their care does not stop at the physical need. A caring shoulder, an empathetic ear creates the emotional and spiritual support, trust and self-worth that empowers people to better care for themselves. And perhaps with the greatest dedication, our Parish Nurses are here to care for men and women who would otherwise have to face end of life alone.

As we appreciate your belief in the power of health to change and to save lives, we count on your financial support to help us continue this important work. As we appreciate you, we invite you to join us in appreciation of the good work you make possible – especially the hands-on care of our Parish Nurses who bring the spirit of the St. Francis Foundation to each life they touch.

We also invite you to get in touch, come visit us. We would love to connect with you and share with you so many more stories of the lives you are helping to change each and every day.

Dianne Duva  
Board President

COVER: Parish Nurse Debby Anderson gently administers a winter flu shot.

## Welcome New Board Members!



### Barbara D. Conviser

As the Clinical Informatics Lead Analyst at Sansum Clinic and former Director of Research, Barbara has driven health management initiatives across the organization. Barbara earned her M.P.H. at the UCLA School of Public Health and her BA in Molecular Biology at Princeton University. She is active in Junior League of Santa Barbara and has also given her time to the Women's Fund, Katherine Harvey Fellowship Program and the Cecilia Fund.



### Charles "Chuck" J. Cova

Charles J. Cova is Senior Vice President of Operations for Dignity Health and President & CEO of Marian Medical Center in Santa Maria. Under his leadership, Marian constructed a new, \$218 million hospital that brought all-new state of the art facilities and 191 hospital beds to the community. He participated in the collaboration resulting in the Registered Nurse Program at Allan Hancock College. Chuck's community involvement has also included serving on the Boys & Girls Club of Santa Maria Valley Board and Foundation Board, United Way Board of Directors, CenCal Health Board of Directors and St. Joseph High School.



### Salvatore "Tory" Milazzo III

As Union Bank, HighMark Capital Management Vice President and Senior Portfolio Manager, Salvatore "Tory" Milazzo III is a Chartered Financial Analyst and oversees more than \$300 million in private client and endowment portfolios. Early in his career, Tory served as the Spanish translator for St. John's Medical Center in Jackson, WY. He is an Investment Committee Member for Santa Barbara Museum of Natural History and the Assistant Treasurer for Santa Barbara County Search & Rescue. Tory earned his BA at Colgate University, and obtained his CFA Charter from the CFA Institute in Charlottesville, VA.



ST. FRANCIS  
FOUNDATION  
OF SANTA BARBARA

*The St. Francis Foundation of Santa Barbara promotes and supports health and healing in the Santa Barbara South Coast community, with particular attention to those most in need.*

**2015 - 2016  
St. Francis Foundation  
Board of Directors**

**Officers**

Dianne Duva, <i>President</i>	John C. Eck, <i>Secretary</i>
Kathleen Baushke, <i>Vice President</i>	Debbie Cloud, <i>Executive Director</i>
Nora Taugher, <i>Treasurer</i>	

**Directors**

Sue Adams	Jean A. Mangus
Michael D. Blaszyk	Phil Marking
Barbara Conviser	Salvatore "Tory" Milazzo
Chuck Cova	Mark Pasternak
Wendy Hiefield	Eric Trautwein, M.D.
Randall Howard, M.D.	Dana VanderMey
Father John Love, D.Min.	

**Honorary Members**

Linda Alderman	Harry Macdonald
Mrs. Doris Amory	John F. Murphy
Arthur W. Barron	Thomas G. Ochsner, M.D.
Michael Bordofsky, M.D.	Dennis Reilly
Mrs. Marie L. Carty	Elena Gherini-Reis
Oswald J. DaRos	Marilyn Rickard Schafer
Angel L. Iscovich, M.D.	John Skjervem
Brian H. Jarchow, M.D.	

**In Memoriam**

Father Virgil Cordano, O.F.M.  
Mary Jo Durenberger  
Mrs. Johnny Eckebrecht  
Sister M. Sylvianne Mattern, O.S.F.  
Marie Louise Peterson

## *Parish Nursing Community Outreach Program* **Your Help is Making a Difference!**

The Parish Nursing Program is the signature program of the St. Francis Foundation, and has been serving our local community since 1995, caring for our most vulnerable residents. In 2003, with the closing of St. Francis Medical Center, Parish Nursing became a program of Cottage Health and strives to reach over 14,000 adults, seniors, youth and families each year with compassionate care and support through home visits, community screenings and education programs. The St. Francis Foundation is the major funding source for the Parish Nursing Program.

The Mission of the Parish Nursing Program is to empower individuals and families to maintain health in mind, body and spirit, by expanding their knowledge about whole-person wellness, assisting in identifying methods of disease prevention, and providing support to access healthcare and other community resources.

The Parish Nurses continue to work in 4 homeless shelters, 4 low-income senior housing facilities, 6 local ecumenical congregations, Catholic Charities, Casa Serena women's recovery program, the



**MEET OUR PARISH NURSES!**

FRONT ROW: Claudia Wood, Debby Anderson, Cathy Mollkoy, Jan Fadden, Jan Ingram, Eilly Walters-Bible;  
BACK ROW: Sharon Troll Head, Sandy Gullett (not pictured, Patty Long)

Carpinteria Food Bank and PathPoint Behavioral Health Program, where they work with 130 mental health clients. The nurses also provide many community flu clinics and other health screenings in conjunction with Cottage Health.

## **Caring for Our Most Vulnerable Residents**

*Parish Nurses work with the most vulnerable people in our community* For most of us, access to preventive care, medical screenings and emotional support are a given. But for the most vulnerable in our community – including challenged families, frail elderly, behavioral health clients, and the homeless struggling just to survive –seeking basic healthcare is not an option.

**BEHAVIORAL HEALTH:** With 1 in 5 people struggling with some form of behavioral health challenge, there is a growing need in our community for support for these individuals and families. Parish Nursing is able to help assist people that may otherwise fall through the cracks in our healthcare system, often preventing Emergency Room visits, hospital readmissions, and even homelessness. One of many possible symptoms of mental illness is the inability to adequately attend to self-care or seek medical attention when necessary. Many of the clients the Parish Nurses serve in the homeless shelters and through PathPoint have little or no family support, and as they age, their needs often increase.

**FAITH-BASED:** Working in partnership with local congregations, Parish Nurses are able to address the needs of individuals and families, using a preventative-based wellness model.

**EDUCATION:** Prevention and education are an important part of the Parish Nursing mission. Enabling people to make healthy lifestyle choices every day extends and improves the quality of their lives, and is key to the future of keeping healthcare costs down.

**SENIORS:** Parish Nurses help our aging population stay healthy and active in the Santa Barbara community with regular home visits and hands-on healthcare for low-income senior residents of local affordable housing organizations, and through faith-based organizations.

**HOMELESS CARE:** Parish Nurses provide care to some of our community's most vulnerable people, including homeless individuals and families, and those in transition from homelessness.

**END OF LIFE CARE:** Parish Nurses assist local organizations with their efforts to provide compassionate end of life care and education, and assist with Advanced Care Directives and 5 Wishes trainings through our community.

*The Parish Nurses provide home visits, medication supervision, emotional support, flu shots and education to people living with mental illness.*



## *St. Francis Foundation: Grants Luncheon*

**Thank you to everyone who made the 2015 St. Francis Foundation Grants Luncheon such a success!**  
We awarded more than \$1 million in grants to support 15 amazing organizations and their missions to provide health care, nursing and end-of-life care. We're so happy to share the community with groups like you!

---

### 2014-2015 ST. FRANCIS FOUNDATION GRANT RECIPIENTS

<ul style="list-style-type: none"> <li>• Cancer Center</li> <li>• Carrillo Counseling Services</li> <li>• Casa Esperanza (PATH)</li> <li>• Cottage Health Parish Nursing and Palliative Care Programs</li> </ul>	<ul style="list-style-type: none"> <li>• Friendship Adult Day Services Center</li> <li>• Jodi House</li> <li>• Mental Wellness Center</li> <li>• Pacific Pride Foundation</li> </ul>	<ul style="list-style-type: none"> <li>• SBCC Foundation</li> <li>• Santa Barbara Neighborhood Clinics</li> <li>• Santa Barbara Scholarship Foundation</li> </ul>	<ul style="list-style-type: none"> <li>• Sarah House</li> <li>• SEE International</li> <li>• St. Vincent's</li> <li>• Teddy Bear Cancer Foundation</li> </ul>
--	--	---	---

---



*“Many thanks for this most recent grant and for all you have done for the children in our community through your generosity and caring.”*

—ANNE KRATZ,  
Director of Development,  
Santa Barbara Neighborhood Clinics



**Santa Barbara Neighborhood Clinics serves more than 5,000 children with over 20,000 patient visits each year.**

Three local clinics who have served low-income families since the 1970s came together to form the Neighborhood Clinics in 1998, and the dedicated staff to this day continue to provide their patients with the best possible care. The Neighborhood Clinics see nearly 17,000 unduplicated patients a year at their now four medical clinics and two dental clinics.

However, in financial straits in 2013, the clinics were on the brink of closing their doors. **The St. Francis Foundation was one of several other charitable organizations, led by the Santa Barbara Foundation, that stepped up to raise \$600,000 so the clinics could continue serving the community.**

Dramatic measures were taken and the clinics were able to overhaul operations, cut costs, stabilize and begin to strategically grow once again. The organization has since recovered from the crisis and even opened its newest clinic on Calle Real in Goleta in 2015. Santa Barbara Neighborhood Clinics also strives to promote better lifestyles through its Health Education & Promotion Programs, including bi-cultural and bi-lingual health/life skills, teen health advocates, diabetes prevention and management program and cancer detection program. The clinics also assist patients in their application for health coverage.

***Thank You***  
to everyone  
who made the  
2015 St. Francis  
Foundation Grants  
Luncheon such  
a success!





## *Sarah House*

Featuring bright gardens and a welcoming dining room that are often filled with laughter, Sarah House is far from what most would expect when they step into this end-of-life care home. The eight-bedroom house began as a home for men and women dying from HIV/AIDS, but following the development of powerful medications that dropped the mortality rate of AIDS, Sarah House expanded its services to provide end-of-life care for low-income and homeless members of the community. Whether or not they can pay for the services, each resident has their own bedroom they can customize to their liking with everything from photos of loved ones on the walls to a favorite rocking chair.

*"The lives of so many dying poor men and women in our community will be directly impacted by the Foundation's commitment to caring for those who are vulnerable."*

—DEBORAH (DEBBIE) MCQUADE,  
Sarah House Director



Sarah House partners with local hospice providers, who come by daily to provide for the residents' medical needs. The loving Sarah House staff provides around-the-clock care to residents, everything from preparing a home cooked meal to simply sitting beside them to hold hands. St. Francis Foundation is proud to have supported this wonderful organization's mission with a sizeable grant in 2015.



*"Because of your compassion, generosity, and belief in our mission, lives are being saved and transformed every day. Thank you for your support."*

—JESSICA WISHAN, Managing Director Casa Esperanza

## *Casa Esperanza (PATH) Homeless Shelter*

Casa Esperanza is Santa Barbara County's only emergency homeless shelter operating 24 hours a day, 7 days a week. Through its sobriety-based program, Casa Esperanza reaches out to homeless Santa Barbara County residents who are ready to improve their lives and reintegrate into society with an attitude of success. The 24-hour shelter offers much more than a warm place to sleep. The organization offers programs and resources designed to reduce barriers for people experiencing homelessness and access the support they need. This includes permanent housing support, employment and job training, wellness and medical respite, recovery and community re-integration, veteran assistance and more – all under one roof.



Medical Respite is short-term residential care that allows homeless individuals the opportunity to rest in a safe environment while accessing medical care and other supportive services. Individuals who are sick, with a chronic condition, a disability or are vulnerable take a priority.

*Effective July 1, 2015, through a merger, Casa Esperanza officially became part of PATH, an experienced, California-based nonprofit with a proven track record of ending homelessness for individuals and communities for over 30 years. As a longtime supporter of Casa Esperanza St. Francis congratulates PATH and Casa Esperanza on this 'path' to a sustainable future.*



## St. Francis Foundation: Planned Giving

May we offer our humble thanks and great appreciation for the wonderful generosity of all of you who gave to the St. Francis Medical Center in the past, as well as those of you who continue to support the St. Francis Foundation today. You have made it possible for us to assist many people in need over the years. With cherished memories of the past, and a vision to the future, we look forward to the opportunity to continue helping those in our community who require our assistance and invite you join us in our mission. Planned gifts can be restricted for a specific purpose or unrestricted to benefit our community grants program.

To learn more about planned giving opportunities, please contact Debbie Cloud at (805) 563-4702.



Parish nurses help to plan and staff many community events each year, including the Senior Expo (left to right: Jan Ingram, RN, Parish Nursing Manager and Emergency Department nurse Brigida Crooks, RN)



Parish Nurse Elly Walters-Bible with Blood Drive participants. Elly organized the successful Drive with United Blood Services at St Joseph's Parish in Carpinteria.

## Franciscan Sisters of the Sacred Heart: Sister Christine Bowman, O.S.F.



Sister Christine

In 1908 the Franciscan Sisters of the Sacred Heart founded St. Francis Hospital to serve the people of Santa Barbara, especially the needy. Throughout her 95 year history, St. Francis Medical Center was a leader in innovative technologies and procedures.

During that time the St. Francis Hospital Foundation was created in 1956 to extend the good works of the facility. Now the physical building of the Medical Center is no longer, but the spirit of the Sisters endures as the St. Francis Foundation of Santa Barbara continues its work of mercy by assuring access to healthcare services in a variety of settings. The wonderful work of the Board of Directors guides this mission as yesterday, today and well into the future.

It is said: *"Yesterday is history, tomorrow is a mystery, today is a gift, that's why we call it the present."* And so it is.

—Sister Christine Bowman, O.S.F.  
Member, Franciscan Sister of the Sacred Heart

*"Casa Esperanza works to help the homeless improve their physical and mental wellness, achieve sobriety, and secure employment and permanent housing. Because of your compassion, generosity, and belief in our mission, lives are being saved and transformed every day. Thank you for your support."*

—CASA ESPERANZA

## Palliative Care Program at Cottage Health

Cottage Health provides first-rate medical treatment to the community, and it takes this well beyond treating the conditions their physicians diagnose and treat.

Cottage's Palliative Care Program focuses on relieving the pain, symptoms and stress that come from a serious illness—all without any cost to the patient.

The Palliative Care team is made up of physicians, nurses, case managers and spiritual care. They take the extra time necessary to help patients and their loved ones understand their health situation. This dedicated team can begin meeting with patients upon their diagnosis of serious illnesses by referral from their physician.

Cottage provides the service as part of a collaboration with Visiting Nurse & Hospice Care and the St. Francis Foundation in a partnership recognizing that compassionate care involves more than medication treatments and surgeries.

## Parish Nursing Update

### Parish Nurses are everywhere!

- Welcome to our newest Parish Nurses: Claudia Wood and Sandy Gullett!
- St. Francis Foundation Parish Nursing and Outreach Program now serves four different low-income senior living communities: St. Vincent's, Garden Court, Villa Santa Fe and Laguna Cottages for Seniors.

### Local seniors in need are counting on us, every day! Please support our Parish Nursing & Outreach Program through the St. Francis Foundation.

Parish Nursing is now part of the core treatment for PathPoint behavioral health clients. Nursing had become such a valuable service for PathPoint, the Parish Nursing role has been extended to create even more stability and continuity. Mental health clients can see the same nurse – now at their homes or low-income single residence communities - and depend on their Parish Nurse as their liaison with their doctors.

### Thank you, Debby, Claudia and Sandy, our dedicated Parish Nursing team for PathPoint!



Parish Nurse Elly Walters-Bible

*Parish Nurses will bring health care and healing to more than 14,000 at-risk community members this year – through home visits, health screenings and educational programs.*

## The Next Generation of Nursing

Support for the St. Francis Foundation also funds key scholarships for nursing students working on their Associate Degree in Nursing at Santa Barbara City College (through the Foundation for Santa Barbara City College) and for students in the U.C. Channel Islands/ Cottage program in Santa Barbara working on their Bachelor of Science Degree in Nursing (through the Scholarship Foundation of Santa Barbara).

*“Thank you for helping to advance educational opportunity in the important field of nursing.”*

—LORI GASKIN, President, Santa Barbara City College

*“Your support, coupled with the vote of confidence each award represents, often makes the difference between success and failure for each of these deserving students.”*

—GRETCHEN A. HEWLETT, Director of Development, SBCC Foundation

*“I would like to add my personal thanks for your nursing scholarships. Your donation means a great deal to us and to the students we serve. On behalf of the board of directors, thank you again for your gift, and for sharing our belief in the power of education to fundamentally and permanently change lives.”*

—BARRETT O’GORMAN, BOARD PRESIDENT, SCHOLARSHIP FOUNDATION OF SANTA BARBARA

## Full Circle

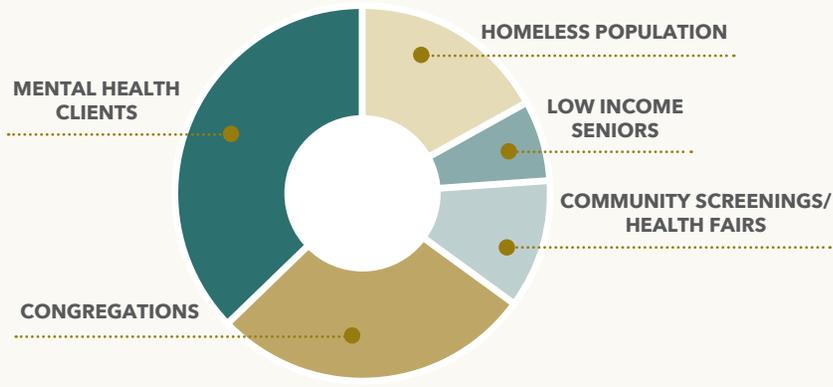
Time has gone full circle and brought the antique grandfather clock that once stood in the lobby of St. Francis Medical Center back to the St. Francis Foundation offices.

The clock, likely built around 1900, was donated to St. Francis Medical Center many years ago. When the hospital closed, it became property of Cottage Health System and greeted visitors in the Reeves Library at Santa Barbara Cottage Hospital. With the recent remodeling of the hospital, Cottage offered to return the clock to the St. Francis Foundation. The beautiful grandfather clock is now at home in the St. Francis Foundation office, along with other memorabilia from St. Francis Medical Center, including the Tree of Life and History Boxes.

If you would like to come visit the office and reminisce, please give us a call and we will set up a time convenient for you: (805) 563-4702.



# Parish Nurses: Where Our Nurses Spend Their Time



- Community Health Fairs & Screenings
- Community Flu Clinics
- Casa Serena Recovery Program
- Catholic Charities
- Faulding Hotel / Hotel De Riviera
- First Presbyterian Church
- Foodbank / St. Joseph's Church
- Garden Court Senior Housing
- Goleta Presbyterian Church
- Our Lady of Guadalupe Parish
- PATH SB Homeless Shelter
- PathPoint Behavioral Health Program
- Presidio Springs Housing
- St. Vincent's Senior Housing
- Transition House Shelter
- Trinity Episcopal Church
- Trinity Lutheran Church
- Villa Santa Fe Senior Housing

**Your Support is Critical to the Health of Our Most Vulnerable Families and Seniors.  
Donate Online Today! Visit [www.stfrancisfoundationsb.org](http://www.stfrancisfoundationsb.org)**



## Where are our Parish Nurses?

With your support, the Parish Nursing Community Outreach Program is expected to reach over 14,000 people in need this year. In the past six months, Parish Nurses have already brought care and healing to more than 7,000 at-risk community members through home visits, health screenings and educational programs.

**14,000 = PEOPLE SERVED THROUGH CARE, HEALING & EDUCATION**

## 2014-2015 Annual Grants

Each year, St. Francis Foundation of Santa Barbara strives to meet urgent needs in our community through support of the Parish Nursing Community Outreach Program and through grants to organizations that serve as a 'safety net' for our community's most vulnerable people.

**In fiscal year 2014-15, St. Francis Foundation grants totaled \$1,029,350, with the majority of funding supporting two core programs: The Parish Nursing Community Outreach Program and the Palliative Care Program.**

*"Your work with so many community agencies is truly impressive and we are so honored to be a part of it. Thank you so much for your support of our counseling clinic."* –NEW BEGINNINGS COUNSELING CENTER

St. Francis Foundation of Santa Barbara 2323 De la Vina, Suite 104, Santa Barbara, CA 93105  
Tel (805) 563-4702 • Fax (805) 563-4947 • [www.stfrancisfoundationsb.org](http://www.stfrancisfoundationsb.org)  
If you would like a friend or colleague to receive this report, please contact us.

St. Francis Foundation on  Please like us!